

INFO PACK 2024

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JOIN THE BIGGEST SPORTS PARTY



Play.DLF.Oguaafetu

Play.Afahye international 10s

5th-7th September, 2024

Cape Coast-Ghana

 DOMINION LEADERS FOUNDATION

 **Head Office 0592560075**  **www.dominionleaders.org**





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5th-7th September, 2024
Cape Coast-Ghana

[Head Office 0202000773](mailto:HeadOffice@DLF10s.org) www.dlfteachers.org

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WHERE DO YOU BELONG?

SPORTS DIVISIONS

HEAVY DRINKERS

This division is aimed at teams who have social players who play active sports on a regular basis (league, throughout the year. *Over 18s only

MOSTLY HERE FOR FUN/ LIGHT DRINKERS

This is a more social division. Teams will consist of part time players who play on a semi regular basis. *Over 18s only

PREMIER

1st XV club or varsity representative teams. *Over 18s Only

The premier division for basketball is aimed at teams who have 3 or more players who play Basketball regularly at a league or club.

VETS

Social Sports

Strictly 35 years and older. Must be born before or in the **year 1988** .

Basketball Social consists of players that have at some stage in their lives played Basketball at a previous 10s tournament. Teams can have not more than 2 league players in the team.

JOIN NOW!

YOUR ENTRY INCLUDES

- Festival weekend entry
- Sports tournament Entry
- Custom-designed, fully sublimated Jersey, Shorts & Socks *Only applicable to the kit packages
- A minimum of 4 guaranteed games
- Live entertainment
- Massage & strapping services
- Discounted drinks

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THE RULES 2024





RUGBY RULES



RULES AND DETAILS ACROSS ALL DIVISIONS

SQUADS & REPLACEMENTS

- 20-person squad per team for a match
- All players can be substituted during the match Rolling substitution
-

MATCH LENGTH

- All games will be:
- 9 minutes a half (2 halves)
- 2 minutes half time
- 3 minutes between games Run on 23-minute slots
-

POINTS/SCORING

- Round robin/pool games scoring:
- 4 points are awarded for a win 2 point is awarded for a
- draw
- 0 points are awarded for a loss

If two or more teams end on level points, the position standing is determined by;

The team who won the head to head match, if that was a draw, then;

Team with the best 'for/against points difference' is the winner, if that is equal, then;

Team scoring the most 'points for' is the winner, if that is equal, then;

A coin toss will be done to determine the winner, if the coin lands on

its side, then;

A Boat Race

2. In the event of a tie in the final, sudden death extra time (5mins each way) is played, and the team scoring first is deemed the winner.



RUGBY RULES



RUGBY RULES

- Normal RUGBY rules will apply
- You are however allowed to do substitutions at any time during the match and as often as you like. All players to be 18 years or older
- No fitness watches around wrists will be allowed if a team does not arrive in time for kick off, the game will be considered a walkover, and a 28 0 winning score will be given to the punctual team no exceptions, no excuses.
-
-

SQUADS & REPLACEMENTS

- A team entry included 20 players' passes. Each team is allowed to have 3 extra players (23 players in total) but will have to buy these players passes extra. No player will be allowed to participate without a players pass.
- ****Please note that no player pass will be able to be transferred or swapped during the tournament***



RUGBY RULES



AGE RESTRICTIONS

- No u18s can participate in any of the sporting codes. I.e. You need to be 18+ on the event days, no schoolboys allowed to play at any division.
- In the Veterans League, ALL players need to be at least 35yrs
- and above, they must be born in or before 1987 NO
- EXCEPTIONS.

If teams are found to have u18 player(s) or u35 (Vets) player (s) in their team, the following process will take place:

- The player in question will be asked for their ID document or drivers license to prove that they are
- over 18 years
- If a valid ID document or drivers license is shown, games for
- that team will carry on as per the fixtures
- If no valid ID document or drivers license is shown, the
- below steps will apply

- The team captain and captain of 'informing' team (if applicable) will be brought together for a
- discussion with the Tournament Referees
- The team at fault may forfeit their points for the current match as well as any preceding matches
- Unless stated otherwise by their opponent(s)

- The under age player will need to leave the team and will no longer be allowed to take to the
- field/court for the remaining matches in that specific league
- The decision of 10s HQ and the Official Tournament Referee is final and binding.

All decisions will always be taken in the spirit of 10s GEES.



BASKETBALL RULES

- **SQUADS & REPLACEMENTS**

- 10-person squad per team for a match, all players can be substituted on during the match. Multiple substitution allowed during the games - WITH UMPIRE ACKNOWLEDGEMENT

- **MATCH LENGTH**

- All games will be
- 9 minutes a half (2halves)
- 2 minutes half time
- 3 minutes between games
- Runs on 23 minutes slots





POINTS/SCORING



- Round robin/pool games scoring:
- 4 points are awarded for a win
- 1 point is awarded for a draw
- 0 points are awarded for a loss
- Bonus point will be awarded for every 5 goals
- 1. If two or more teams end on level points, the position standing is determined by; The team who won the head to head match, if that was a draw, then;
- Team with the best 'for/against points difference' is the winner, if that is equal, then; Team scoring the most 'points for' is the winner, if that is equal, then;
- A coin toss will be done to determine the winner, if the coin lands on its side, then; A Boat Race
- 2. In the event of a tie in the final, sudden death extra-time (3mins each way) is played, and the team scoring first is deemed the winner.



3x3 BASKETBALL RULES

- 1. Normal basketball rules will apply
- 2. You are however allowed to do substitutions at any time during the match, after a goal is scored (before C-pass) and as often as you like.
- 3. All players to be 18 years or older
- 4. Fingernail length will be checked prior to playing
- 5. No Gloves will be allowed
- No fitness watches around wrists will be allowed



3x3 BASKETBALL DISCIPLINE

- Event organisers and referees have the right to intervene if there is disrespectful, unruly or unsafe behaviour and play
- If a team does not arrive in time for the start of their game, the game will be considered a forfeit and a 21-0 winning score will be given to the punctual team - no exceptions, no excuses, final decision is in the hands of the match official.
- Normal disciplinary rules apply – warning, caution and then sent off if continue.
- 10s BLUE CARD
- A referee has a BLUE CARD that may be shown to a player at any stage of the match. A blue card enables the referee to send a player off for unsportsmanlike behaviour or for being disorderly/intoxicated on the field/court. The referee may use this card at his/her own discretion and their decision is final. This is to protect the safety of all players.
- The guilty player will have to leave the field/court for the remainder of the match.
- No substitutions will be allowed on for the remainder of the half that the guilty player was given the blue card.
- The team may replace the guilty player in the 2nd half if the incident happened in the 1st half.
- BASIC 3x3 BASKETBALL DISCIPLINE
- The game takes place over half a dodgeball court with only one pole
- Games are 15mins or first team that gets to 15 points wins
- There is no resting or restart time between goals
- The opponent receives a free throw after a penalty





AGE RESTRICTIONS (BASKETBALL)

- No u18s can participate in any of the sporting codes. I.e. You need to be 18+ on the event days
- If teams are found to have u18 player(s) in their team, the following process will take place:
- The player in question will be asked for their ID document or drivers license to prove that they are over 18 years
- If a valid ID document or drivers license is shown, games for that team will carry on as per the fixtures
- If no valid ID document or drivers license is shown, the below steps will apply
- The team captain and captain of 'informing' team (if applicable) will be brought together for a discussion with the sport manager
- The team at fault may forfeit their points for the current match as well as any preceding matches
- Unless stated otherwise by their opponent(s)
- The under-age player will need to leave the team and will no longer be allowed to take to the field/court for the remaining matches



DIVISION INFORMATION



DOMINION LEADERS FOUNDATION



DIVISION INFORMATION

SOCIAL DIVISIONS (Over 18s)

FORMAT

- 40 teams 2 pools of 4 teams per division)
- 3 leagues
- Matches/team on Friday Round robin format during pool stage
- 4 Matches/team on Saturday for final positions, depending on progress to knockouts.
- Top team from each pool play cross pool playoffs followed by winner's vs winners and loser's vs losers (positions 1-4)
- Bottom team from each pool play cross pool playoffs followed by winner's vs winners and loser's vs losers (positions 5-8)

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DIVISION INFORMATION

VETS DIVISION (Over 35s)

FORMAT

- 1 group of 8 teams
- teams split into 2 pools of 4 teams
- 2 Matches/team on Friday Round robin format during the pool stage
- 3 Matches on Saturday for Cup/Bowl/Plate/Shield positions
- Top 2 from each pool play in the Cup division
- Bottom 2 from each pool play in the Bowl section
- Loosing Cup quarter finalists play for the Plate
- Loosing Bowl quarter finalists play for the Shield

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DIVISION INFORMATION

PREMIER DIVISION

FORMAT

- 1 group of 8 teams
- 8 teams split into 2 pools of 4 teams
- 2 Matches/team on Friday Round robin format during pool stage
- 3 Matches on Saturday for Cup/Bowl/Plate/Shield positions
- Top 2 from each pool play in the Cup division
- Bottom 2 from each pool play in the Bowl section
- Loosing Cup quarter finalists play for the Plate
- Loosing Bowl quarter finalists play for the Shield

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TOURNAMENT PRIZES



Tournament Prizes

- [Divisional Cup Winners](#)

- 10s Winners trophy presentation on Main Stage

- [Best Dressed ON the Field](#)

- We encourage teams to bring out their creative side and design their own funky kit. The best and most creative design per sport is awarded FREE kit for the following year.

- [Best Dressed OFF the Field](#)

- Friday night at the 10s is “Fancy Dress Friday”. Rally your team around getting the best fancy-dress outfits and be awarded with FREE entry into the event for the following year.

[Gees Award](#)

The team to post and share the best social media posts, as determined by the 10s event organisers, will win cheerleaders for the Saturday of the event. The prize will be awarded to two teams – male OR female OR mixed teams.



Tournament Prizes

Captain of the Year

Collect all 5 badges and win!

- Recruitment – Invite your entire team and get them to register on the website
- Kit – Submit your kit design and get it approved and signed off
- Gees – Set up at least 1 social media account for your team. Post content, images, training videos and other collateral to show the other teams what you have been up to. Get a following of at least 20 people or more
- Responsibility – All players are to fill in and complete their medical form, sign the indemnity form and agree to the T&C's
- Payment – Make full payment to complete team entry
- The 1st team to earn all 5 badges will receive a 50% reduction of the current tournament fee.



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